



ROBERT SCHAD NATUROPATHIC CLINIC
Informed Consent

Please note that this form must be signed prior to your first appointment.

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your interns at the RSNC will take a thorough case history, perform a physical examination, including a breast exam, and take blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

The staff is trained to handle emergencies should the need arise.

There are some slight health risks associated with treatment by naturopathic medicine.

These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your intern of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture or parenteral therapy.
- Fainting or puncturing of an organ with acupuncture needles.
- Muscle strains and sprains or disc injuries from spinal manipulation.
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened by the intern prior to manipulating the neck.
- The staff and Interns are trained to handle emergencies should the need arise.

I understand:

- The RSNC is a teaching clinic, where faculty and students observe or participate in the care provided.
- The clinic does not guarantee treatment results.
- That my intern will explain to me the exact nature of any treatment provided and will answer any questions I may have.
- I am free to withdraw my consent and to discontinue treatment at any time.
- That the intern and supervisor will assess your health and provide you with recommendations based on their findings. At times this may differ from your expectations, however please keep in mind, all recommendations are made with your best health interest in mind.

Patient Name (please print): _____

Signature of Patient or Guardian: _____ Date: _____

Intern: _____ Supervisor: _____